

Name	Key	Hand	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
Major Scales	A	LH															
		RH															
		HT															
	E	LH															
		RH															
		HT															
	B	LH															
		RH															
		HT															
	Bb	LH															
		RH															
		HT															
Eb	LH																
	RH																
	HT																
Minor Scales	B	LH															
		RH															
		HT															
	G	LH															
		RH															
		HT															
	C	LH															
		RH															
		HT															
Major Arpeggios	A	HT															
	E	LH															
		RH															
	B	LH															
		RH															
	Bb	LH															
RH																	
Eb	LH																
	RH																
Minor Arpeggios	G	HT															
	B	LH															
		RH															
	C	LH															
RH																	

Tick the box if you get it all right first time, otherwise put a cross, practise it a few times and try it again the following day

Name	Key	Hand	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Contrary motion	A															
	A minor															
Chromatic	Ab	LH														
		RH														
	C	LH														
		RH														

Tick the box if you get it all right first time, otherwise put a cross, practise it a few times and try it again the following day